



CENTRE OF RESEARCH
EXCELLENCE TO ACCELERATE
**INNOVATION AND
TRANSLATION
IN STROKE TRIALS**

Agreed Ways of Working

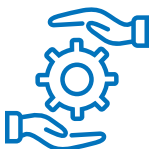
Collaboration between Researchers and People with Lived Experience of Stroke

As research affiliates of the **CRE**, we pledge to work together with **Lived Experience partners** with **recognition and respect** using respectful and accessible **engagement practices**, encouraging **equality and diversity**.



Recognition and Respect

- **Skills and Expertise**
 - recognise the skills and expertise of our lived experience partners beyond their stroke.
- **Acknowledging the cost**
 - acknowledge the personal and emotional cost that comes with lived experience.
- **Accessibility needs**
 - Find out and respect accessibility needs, including physical, cognitive, communication, and fatigue considerations.



Engagement practices

- **Materials and resources**
 - Provide materials, resources, and pre-reading in accessible ways and within agreed timeframes.
- **Communication practices**
 - Use plain language and avoid acronyms, or develop a list of commonly used acronyms for the project.
- **Peer support**
 - Ensure lived experience partners have peer support by building a supportive team and including more than one person with lived experience of stroke on committees and advisory groups.
- **Expectations**
 - Set clear project goals, roles, and expectations for all collaborators.
- **Interpersonal values**
 - Be kind, respectful, honest, and optimistic in all interactions.
- **Relationship building**
 - Invest time in building relationships, which may include initial 'speed dating' to ensure best fit.

- **Recognition, acknowledgement and compensation**

- Ensure lived experience contributors are recognised for their contribution.
- Provide appropriate and timely payment for their involvement.
- Acknowledge the contribution of lived experience partners in research outputs such as papers and presentations.



Equality and Diversity

- **Power imbalances**

- Recognise the inherent power imbalances and strive to ensure equal power and voice in interactions.
- Use first names only, avoiding titles, to promote egalitarian environment.

- **Feedback and continuous improvement**

- Check in after meetings and interactions to gather feedback and work continuously to improve collaboration.

- **Diversity in advisory groups**

- Strive for diversity in lived experience advisory groups, including First Nations people, culturally and linguistically diverse individuals, various gender identities (including LGBTQ+), different age groups, and varied experiences.

- **Land acknowledgement**

- Respect and value that our work is conducted on First Nations' lands.